



Content

1	Introduction	7
2	The BuildERS research project	10
3	Central concepts	12
3.1	Vulnerability	12
3.2	Resilience	13
3.3	Social capital	14
4	Findings from previous German Red Cross research projects	16
5	Case study in the wider Dresden area.....	18
5.1	Relevance of the case study for the German Red Cross	18
5.2	Crises and disasters studied	19
6	Results of the case study	23
7	Practice recommendations.....	31
8	Conclusion and outlook	37
9	References	38
10	List of Figures and Tables	44
11	For quick readers.....	45
	Also available in English	46